**EMERGENCY CARD**

* **STOP BLEEDING (**see back for help**)**
* No Pulse? **CHEST COMPRESSIONS** - 100bpm
* Have someone else **CALL 9-1-1**

 **INSERT GUN CLUB ADDRESS or LAT/LONG HERE**

 Have someone at the gate to direct the ambulance

* Use **AIR HORN** and do not stop
* Call **Match Director - (\*\*\*) \*\*\*-\*\*\*\***
* Call **Gun Club - (\*\*\*) \*\*\*-\*\*\*\***

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**Gun Shot Wound: (If Limb and Extreme bleeding, Skip to Tourniquet)**

1. **Expose wound**. You may need to use included shears to cut clothing from near wound
2. If minor or no bleeding, secure **gauze** on top of wound and **elevate** wound above the heart
3. If heavy bleeding, apply **gauze** and a lot of **general pressure** to the area **on top of the wound**
4. If bleeding continues, **apply “quick clot”** sponge to the outside of the wound with pressure
5. If bleeding continues, **apply tourniquet** if bullet wound is **on a limb**
6. Note: If there’s an entrance, there is likely an exit (or multiples). **Treat all wounds!!!**

**Tourniquet:**

1. Only for bleeding that cannot be controlled by other means that is on a limb
2. Wrap tourniquet above wound
3. Do not place on joint. Place above or below joint. If wound is next to, or involves joint, place above
4. Pull loose end of tourniquet tight
5. Twist “stick” until bleeding stops (only until bleeding stops)
6. Secure “stick” using velcro / elastic loop
7. Note the time applied and advise the ambulance crew

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